

Welcome to the Hertfordshire Virtual School weekly Activity Sheet.

You can use a wide range of activities to help you learn, including what your school has set.

If you are looking for something different or additional to do – Try these!

18th – 22nd May	Well-being / Workouts	Activity 1	Activity 2	Can you solve these riddles?
Monday	10-12min https://youtu.be/lsCtyv9NAQM 20-22min https://youtu.be/06cBKK6Xkg0 Kickboxing https://youtu.be/EcqYeThduWk	<u>Weekly Challenge</u> Learn how to juggle: https://youtu.be/JZmmOdnIjG4 Watch the video and start this today!	Create a 'family' quiz. You will need to use 'Google' and a variety of other internet sites to make sure your answers are accurate. It would be good to have different categories – For example: Music, Film, Food, Countries, Celebrities (etc). 10 questions per category.	Can you solve the frog riddle? https://youtu.be/cpwSGsb-rTs ----- Can you solve the penniless pilgrim riddle? https://youtu.be/6sBB-gRhfiE
Tuesday	10-12min https://youtu.be/dXkcWgznrWI 20-22min https://youtu.be/dA8YrNg_Zl4 Pilates https://youtu.be/iGa9uVPysxE	Design a roller-coaster. There are a number of different apps available for Android and Apple products. There are some good videos to watch on You Tube to help you with your initial ideas.	Watch a film, listen to some music or read a book. Now write a short review about it. If you want to film yourself speaking the review – that would be great. Save it on your phone or tablet and send it to us. virtualschool@hertfordshire.gov.uk	Can you solve the pirate riddle? https://youtu.be/Mc6VA7Q1vXQ
Wednesday	10-12min https://youtu.be/K9ii0BpJRdg 20-22min https://youtu.be/7rRH8C4i2IA Hip Hop https://youtu.be/ZWk19OVon2k	Make a board game. This can be based on a board game you already play or something that interests you. Have a look at the video for an idea of how you can make one. https://youtu.be/mFIgohsRRYc	At this time you probably have a lot of recycling going on. Why not be creative and make something from it? It could be something as simple as the tallest tower you can make or as detailed as something that can move. Take a photograph of what you have made.	Can you solve the fish riddle? https://youtu.be/ILOALyWIs2k
Thursday	10-12min https://youtu.be/RaAatMwx0fA 20-22min https://youtu.be/7rRH8C4i2IA Mobility https://youtu.be/nLcJSv4e-kc	Choose one of your favourite songs and re-write the lyrics. The new lyrics could reflect how you feel about the current situation or something you might find amusing or annoys you.	There is a great clip on the tv of someone 'chipping' a cd into a games console. Can you be creative and perform a trick you can video? This can be done either inside or outside. Send us a video clip. virtualschool@hertfordshire.gov.uk	Can you solve the buried treasure riddle? https://youtu.be/tCekIW2e6_E
Friday	10-12min https://youtu.be/ds0hh8bMn9o 20-22min https://youtu.be/pbN5VwIwG0g Zumba https://youtu.be/bm4WZyH5p2I	Make a Pizza! (And then eat it - 😊) Lots of recipes on You Tube or Google. How creative can you be? Could you create a pizza that is savoury on one side and sweet on the other? Send us a picture of it. virtualschool@hertfordshire.gov.uk	Learn how to beatbox: https://youtu.be/EAHExoZlgjM	
Books, reading, literacy:		www.booktrust.org.uk , www.worldofwalliams.com/elevenses , www.pobble365.com , https://www.hertfordshire.gov.uk/services/libraries-and-archives/libraries-and-archives.aspx		
General videos/activities		https://www.nationalgeographic.com/family/at-home-education-resources www.natgeokids.com www.thekidsshouldseethis.com www.theday.co.uk https://www.bbc.co.uk/bitesize		
Maths games/videos		www.corbettmaths.com https://www.topmarks.co.uk/maths-games www.nrich.maths.org		
Health and well-being		www.fitnessblender.com (exercises and workouts)		