Physical Education



Pupils' skills and knowledge are developed overtime through a variety of sporting and physical activities, both competitive and non-competitive.

The PE curriculum aims for all children to take part in physical activity and be active for sustained periods of time, promoting health and the development of fitness.

Physical Education is a key subject to engage children's physical and mental wellbeing, as it promotes the children to lead healthy and active lives.

HEALTHY LIFESTYLE

PE empowers our children to have other valuable skills such as fairness, respect, teamwork and resilience.

Physical education is an inclusive subject, that enables all children to succeed and reach their full potential.